

Published based on [Exactly How To Reduce Your Energy Repayments This Winter By Draught Proofing Your Home Effectively](#)

# **Exactly How To Reduce Your Energy Repayments This Winter By Draught Proofing Your Home Effectively**

The winter season assures each and every one of us to maximize that heater. With just the flick of the switch, it is not only the temperature in our homes that go up but also our monthly bills. Thermostats are efficient ways to heat a home however if you are using it at full capacity, it is sure that that is not an effective way to use such. Exactly how to reduce your energy bills this winter by draught proofing your home would be discussed in full here. If you want to know more about this, read on.

Draught proofing is basically to fix the draughts inside your house. Draughts are uncontrolled passages where the cold can seep in from the outside. While they may be small, if they are plentiful they can certainly decrease the temperature. Draughts can be found in wall to ceiling joints, gaps in your door frame to the wall and the door to frame itself and the same problem with your door with windows. It is not that the temperature is always too cold but it is sometimes because they can come into your house in uncontrollable amounts.

Using your thermostat at a low level of energy output is the best way to use them. The only way you can achieve this is to block out all the gaps in your home that need to be fixed. This process could trap more of the energy coming from your heaters and block out more of that winter spell. Draught proofing kits are available in the market today as we speak.

Listed below are some ways that you can fix usual draughts in your house. Be warned to allow ventilation in your bathroom and kitchen. These are only prescriptions that you can use, but professional help should always be considered.

Windows: Opened and closed often as well depending on the weather. Frames of windows can also become loose over time. Check the attachment from wall to window frame and the frame to its window hinge itself. Any gaps you find shall be filled with strips of foam that can stick tightly. Address any loose fittings of screws as well.

Doors: Your door lock and mailbox would certainly be able to let the cold seep in through their holes. Some door knobs have covers for unused keyhole ports and letterboxes can be placed with flaps to cover the hole when not in use. Door gaps can be quite common as well. Fix these by inserting wiper strips on any spaces you find.

Cracks in your walls: Houses also wear out over time. Depending on the age of your house would be the frequency of cracks happening on your walls. Addressing wall cracks are crucial to eliminate the cold from seeping in. Fillers such as epoxy or caulk proves to be the most effective solution in this type of situation.

Reduce your energy bills this winter by draught proofing your home. Check out our website for details about the benefits of [sash window draught proofing](#), now. You can also find information about a reputable [sash window refurbishment](#) company, today.

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